

FSA Eligible Over-the-Counter Expenses

IRS regulations permit certain FSA-eligible items to be purchased over the counter without a prescription while others require a prescription. Please see the following lists from our partner, [FSA Store](#).

OTC Items that do NOT require a Prescription:

- Athletic Braces & Supports
- Bandages
- Baby Sunscreen
- Baby Thermometers
- Breast Pumps & Accessories
- Blood Glucose Monitors & Test Strips
- Blood Pressure Monitors
- Children's First Aid
- Children's Sunscreen
- Condoms
- Contact Lens Solution
- Denture Cream & Cleansers
- Diabetes Care Accessories
- Eye Glass & Lens Accessories
- First Aid Kits
- First Aid Treatments & Supplies
- Glucosamine Supplements
- Glucose Tablets
- Hearing Aid Batteries
- Home Medical Equipment
- Heating Pads & Wraps
- Hot & Cold Packs
- Incontinence Products
- Lip Balm
- Medical Monitoring & Testing Devices
- Motion Sickness Aids
- Nasal Spray
- Orthopedic & Surgical Supports
- Pregnancy & Fertility Tests
- Prenatal Vitamins
- Reading Glasses & Magnifiers
- Shoe Insoles & Inserts
- Sunscreen
- Thermometers
- Vaporizers & Inhalers
- Walking Aids
- Wheelchairs & Accessories

OTC Items that require a Prescription:

- Acne Treatments
- Allergy Medicine
- Antacids & Acid Controllers
- Anti-Fungal Treatments
- Anti-Itch Treatments
- Antiparasitic & Lice Treatments
- Aspirin & Baby Aspirin
- Chest Rubs
- Children's Cold & Allergy Medicine
- Children's Fever & Pain Relievers
- Children's Stomach & Digestive Aids
- Cold Sore Treatments
- Corn & Callus Removers
- Cough Drops & Spray
- Cough, Cold & Flu Medicine
- Diaper Rash Cream
- Ear Drops & Wax Removers
- External Pain Relievers
- Eye Drops
- Feminine Personal Care Treatments
- Hemorrhoid Treatments
- Laxatives
- Nasal Spray
- Nicotine Gum & Patches
- Oral Pain Remedies
- Pain Relieving Creams & Pads
- Pain Relievers
- Skin Treatments
- Sleep Aids
- Stomach & Digestive Aids
- Topical Skin Treatments
- Wart Removers